

BORN FROM WATER

WATER INTELLIGENCE ACTIVATION

*A multimedia journey into water's intelligence, and your
own.*

90 MINUTES

WORKSHOP OR TALK · LIVE OR ONLINE

10 TO 300 PARTICIPANTS

WHY NOW

The world is accelerating.
Humans are dysregulating.
Our oceans are in crisis.

Even the technology reshaping our jobs runs on water.

*What if the wisdom for navigating this has been with
us all along?*

THE EXPERIENCE

A 90-minute multimedia session, storytelling, sound and science, that turns this pressure into practice.

DISCOVER

The water in your body may be older than the sun. Scientific facts most people have never heard.

REMEMBER

Some cultures never stopped listening to water. What did they know that the rest of us forgot?

ACTIVATE

A renewed sense of purpose. A first regenerative action, individually and as a team.

“I expected an interesting workshop. What I experienced was a complete activation. I left deeply inspired, with a new perspective on leadership, water and myself.”

MARIANA F., SENIOR ADVISOR

WHAT TEAMS WALK AWAY WITH

- A regulated nervous system
- Renewed clarity on purpose and priorities
- Stronger trust and connection across the team
- New scientific understanding of water, and of themselves
- One concrete regenerative action to carry forward
- A new perspective on leadership, water and the planet

WHY IT WORKS

Built for skeptical, analytical minds. It opens through evidence and water science first, then, gradually, through feeling, not the other way around.

WHY IT'S ORIGINAL

The only session combining verified water science, nervous system practice, indigenous knowledge and live storytelling, in one format.

FORMAT & WHAT COMES NEXT

FORMAT

Delivered as a keynote talk, an interactive workshop, or a session built around your team's specific themes. Live or online. 10 to 300 participants.

IF YOU WANT TO GO FURTHER

Deep Dives: monthly live sessions, each exploring one dimension of water intelligence, for teams ready to go deeper.

Be in Water: in-person immersions and retreats, for leadership teams wanting an extended, embodied experience.

GUIDED BY WATER



Moniek van Erven

Leadership Guide · Nervous System Regulation Specialist · Business Strategist

Freediver · Water Therapist · Water Dancer · Ceremonialist

Mentor · Podcast Host · Documentary Maker

MSc Finance · UN-Recognised Impact Entrepreneur · 1000+ Leaders Guided

“Planetary transformation starts with personal transformation.”

TO BOOK

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