

Executive Wellness & Leadership Transformation: The D.I.V.A. Program

Introducing Mutharoot

With over **20 years of international experience as an educator** and currently completing a **Master of Science in Integrative Health Sciences**, I bring a unique blend of academic depth and holistic wisdom to executive wellness. My work is dedicated to guiding leaders toward balance, vitality, and authentic transformation.

I specialize in **Tai Chi, Reiki energy healing, spiritual alignment, and personalized holistic coaching**. I've created the **D.I.V.A. Program**, a premium pathway for executives seeking a new way to live, lead, and thrive.

The D.I.V.A. Framework

D = Divination & Grounding

Reconnect to your center, learn grounding practices, and tap into inner wisdom. Tools include Tai Chi, guided meditations, divination practices, and energy scans.

Outcome: Calm clarity, grounded presence, and clear decision-making.

I = Intuition

Strengthen intuitive intelligence to support confident leadership in high-demand environments. Practices include reflective coaching, meditation, and energy alignment.

Outcome: Sharpened decision-making, innovative problem-solving, and enhanced self-trust.

V = Vibration

Understand energy vibration and learn to raise and sustain it. Practices include Reiki, sound healing, Tai Chi, and environmental energy clearing.

Outcome: Increased resilience, elevated presence, and release of negative patterns.

A = Awakening

Step into authentic, conscious leadership through personal awakening and transformation. Integration occurs through retreats, coaching, and spiritual alignment.

Outcome: Authentic leadership, purpose-driven living, and sustainable transformation.

Financial Packages

Platinum Package – \$45,000 (6 months)

- Bi-weekly private sessions (coaching, energy alignment, Tai Chi)
- Full access to D.I.V.A. framework and practices
- One exclusive retreat or workshop
- Ongoing executive support (text/email)

Gold Package – \$30,000 (4 months)

- Weekly private sessions
- Group integration calls
- Energy healing & spiritual coaching
- Access to all D.I.V.A. modalities

Silver Package – \$15,000 (3 months)

- Bi-weekly sessions
 - Foundational energy and leadership practices
 - Group workshop experience
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Why Partner with Mutharoot?

- **Educator with 20+ years global experience:** Skilled in guiding transformation across cultures and industries.
 - **Academic + holistic integration:** Blending scientific insight with traditional healing.
 - **Exclusive, high-touch service:** Designed for senior leaders and executives only.
 - **Sustainable outcomes:** Balance, resilience, and authentic leadership transformation.
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Next Steps

I invite you to schedule a consultation to explore how the D.I.V.A. Program can empower your leadership team and transform wellness within your organization.

Contact:

Mutharoot – Holistic Educational Coach | Healer | Integrative Health Sciences
[Phone Number] | [Email Address] | [Website/LinkedIn]