

SYLWIA KUS



TRADITIONAL CHINESE MEDICINE PRACTITIONER

Traditional Chinese Medicine practitioner in training, passionate about well-being and the harmonization of body and mind. Studying at FLETC since 2021, I have been developing skills in Chinese dietetics, acupuncture, and energetic balance based on TCM principles. My approach combines solid theoretical knowledge with sensitivity in individual guidance, offering practical and personalized advice.

KEY SKILLS

- Fundamentals of TCM: Yin/Yang, Qi, meridians, and organ theory
- Chinese dietetics and seasonal harmonization
- Energetic acupuncture and guidance on traditional Chinese medicinal plants
- Ability to communicate complex concepts in a clear and accessible way
- Active listening and personalized guidance
- Creation and management of educational content (website, resources, workshops)

EDUCATION

FLETC – Training in Traditional Chinese Medicine (2021 – present)
Faculté Libre d'Énergétique Traditionnelle Chinoise

- Fundamentals of TCM (2021–2023)
- Energetic Acupuncture (2023–2024)
- Chinese Pharmacopoeia (advisory focus) (2024–2025)
- Tuina & Qi Gong (2024–2026)

Clinical Internship in China – Beijing (2025)
In collaboration with the World Federation of Acupuncture and Moxibustion Societies
China-Japan Friendship Hospital (中日友好医院), Beijing

- Clinical practice in acupuncture, moxibustion, herbal medicine, and Chinese dietetics.

Dongzhimen Hospital (东直门医院), Beijing

- Immersion in a hospital affiliated with the Beijing University of Traditional Chinese Medicine.
- Observation and participation in acupuncture, tuina, and integrative TCM treatments.

EXPERIENCE

Clinic opening in 2025

- Development of mini practical workshops on Chinese dietetics and energy balance
- Creation of educational resources to share TCM through www.sylwiakusmtc.fr

LANGUAGES

English - full proficiency
French - full proficiency
Polish - full proficiency

CONTACT

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www.sylwiakusmtc.fr