



SudsKompass

Hanan Qaraghuli

Creating spaces for reflection, clarity, and realignment

[:WWW.SUDSKOMPASS.COM](http://WWW.SUDSKOMPASS.COM)



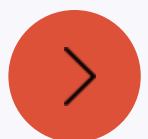


The Story We See



Why this work matters

- People are navigating increasing pressure, change, and complexity at work
- Many feel disconnected, overwhelmed, or unclear about direction
- Teams are diverse — but often lack space for reflection and alignment



Why We Exist



SudsKompass = Al-Suds + Kompass

- Al-Suds (السدس): Arabic for sextant — a celestial navigation tool.
- Kompass: German for compass — purpose, movement, direction.

I create structured spaces where people can pause, reflect, and realign — individually and collectively





Ways I work

- + 1:1 Coaching
- + Group Workshops
- + Retreats & Immersive Experiences



About Me



Hanan Qaraghuli

Lead Management & Coach

- Coach & facilitator with 500+ hours of experience supporting individuals and groups through change, burnout, and transition.
- With a background in business and team leadership, I understand the realities of high-performance environments — and create spaces that bring both structure and emotional depth.
- I work with diverse, international groups, helping people reconnect with themselves and build ways of working that feel sustainable and aligned.



My Formats

Modular. Human. Flexible.
Delivered primarily in-person,
with hybrid/online options.



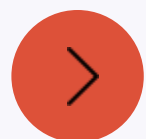
**Workshops (60–120
min)**



Group sessions



Retreat formats



Who I work with

- Teams and organisations
- Founders and professionals
- Diverse and international groups navigating change

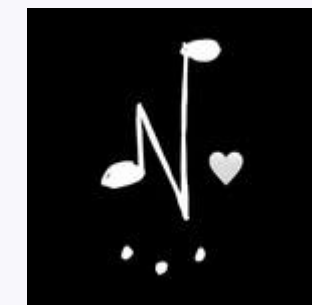
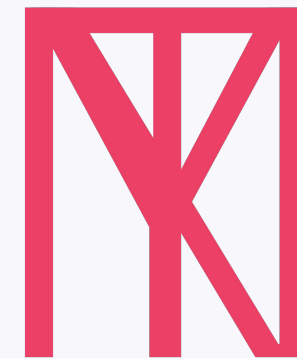




Previous Workshops:

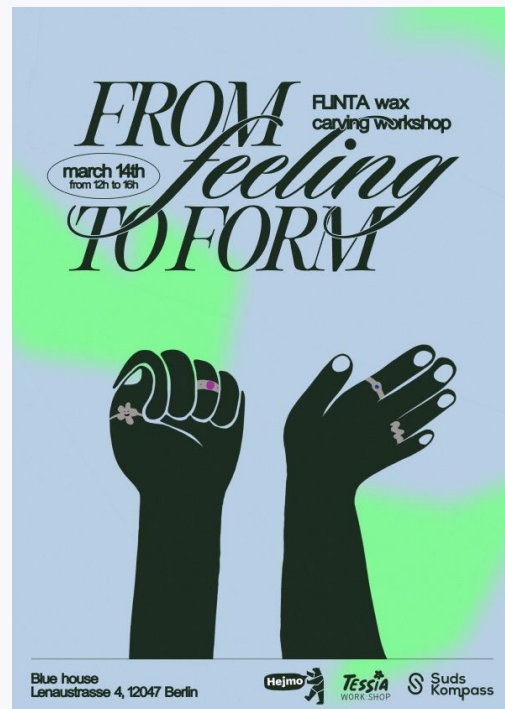


Trusted by

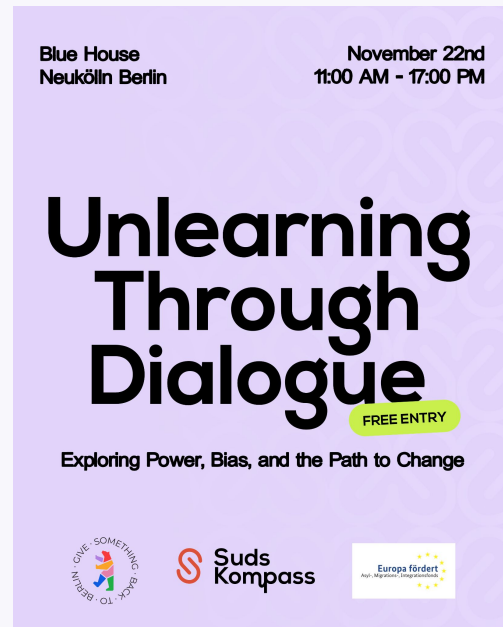




Previous Events & Workshops:



FLINTA workshop —
20 participants



Retreat — full-day experience
30 participants

Trusted by





Work with me

Let's create a space that your team actually needs.

hanan@sudskompass.com

www.sudskompass.com/

