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MAISON RESONANCE COLLECTIVE

Workshops, programmes, immersive formats, and session themes

Maison Resonance Collective is a Paris-based practice led by **Webbie Vitu**, designing and facilitating refined group experiences across creativity, well-being, leadership presence, and multisensory connection. We work primarily with organisations, leadership groups, people teams, culture teams, founders, and client-facing teams, while also occasionally curating selected private formats where the brief, setting, and group feel aligned.

Our work sits in the space between development, culture, and embodied experience. We are often brought in when a company wants something more thoughtful than a classic team-building activity and more human than a conventional training format. Some clients come to us for a single workshop. Others ask us to shape a half-day, a full-day, or a more immersive programme over several touchpoints. In a number of cases, our programmes also take retreat form, with mornings, evenings, shared meals, quiet reflection, and a slower rhythm than a standard corporate agenda would normally allow.

Across all our formats, we care deeply about atmosphere, pacing, and the quality of attention in the room. We combine facilitation, sensory detail, creative process, reflection, and practical human insight so that people do not simply consume a session but actually feel part of it. Depending on the brief, an experience may be tactile and expressive, calm and restorative, conversational and developmental, or more strategic and perspective-opening.

We are comfortable working in boardroom-adjacent spaces, offsite venues, private rooms, gallery-like environments, boutique hotels, creative studios, and calm residential properties used for leadership gatherings. We can curate for smaller leadership groups, broader mixed teams, client hospitality moments, internal culture days, and premium relationship-building settings.

Typical themes we are asked to support

- leadership presence and focus
- sustainable performance and recovery

- confidence, self-assurance, and communication
- team connection and quality of dialogue
- perspective, strategic thinking, and reflection
- creativity, expression, and shared authorship
- calm, regulation, and multisensory restoration

Core practical details

****Base:**** Paris

****Travel:**** France, Belgium, Netherlands, Italy, and selected European destinations

****Languages:**** English and French

****Delivery formats:**** workshops, half-days, full days, multi-session programmes, residential immersions, curated client or team experiences

We do not treat every group in the same way. Some clients want a highly polished premium experience that still feels soft, elegant, and restorative. Others want more edge, more creativity, or more room for dialogue and thought. Some offers are clearly positioned for companies. Others sit more comfortably between professional, leadership, and private-group use.

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Collective Canvas Lab

Collaborative art workshop for teams, offsites, and shared reflection

Collective Canvas Lab is a guided visual art workshop designed for groups who want to think, connect, and make together. It blends facilitated prompts, collaborative painting, symbolic mark-making, texture work, and structured reflection. The workshop is especially well suited to moments when a team needs a different quality of conversation, or when an organisation wants to create a shared experience that is tactile, memorable, and visibly collective rather than purely verbal.

We begin by removing the pressure of “being artistic.” Participants are invited into the session through simple, elegant entry points: colour, gesture, symbol, material, rhythm, and response. People work first as individuals, then in smaller clusters, and eventually as a wider group, so that the final work carries both personal marks and collective authorship. Depending on the brief, the resulting piece may remain as a temporary creation, be documented professionally, or be lightly assembled into a more lasting artefact.

For corporate groups, this workshop works particularly well at the start of an offsite, as a strategic reset, or as a closing ritual after a day of thought and discussion. It can also be placed inside a broader culture day or relationship-building format where the aim is to create something together rather than simply attend another activity. The tone is sophisticated and accessible rather than

childish or overly therapeutic. The process feels considered, premium, and inclusive, even for people who are sceptical of art-based work.

Format

Setting: on-site meeting space, studio-style venue, gallery room, event space, or private salon

Recommended duration: 2.5 to 3 hours

Participants: 12 to 40

Languages: English, French

Facilitation: Solo, with an additional assistant for larger groups

Indicative fee: EUR 2,400 ex VAT in Paris

Travel: quoted separately where relevant

Included

- all core art materials
- guided prompts and creative sequencing
- table protection and setup materials
- aprons where appropriate
- facilitation of individual, small-group, and collective phases
- closing reflection and documentation guidance

Common contexts

We regularly place this workshop inside team offsites, leadership gatherings, values moments, internal culture activations, premium client hospitality experiences, and curated end-of-day rituals. Some clients also ask us to connect the visual work to a theme such as transition, collaboration, memory, identity, or future vision.

Venue and setup notes

Good natural light is always appreciated. We ask for enough wall or table space for participants to spread out comfortably, and easy access to water nearby. Setup is usually around 45 minutes, with pack-down around 30 minutes. For groups above 30, we prefer either a second facilitator or a room configuration agreed in advance.

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Stillness and Sound Afternoon

Mindfulness, grounding, and sound-based restoration

Stillness and Sound Afternoon is a half-day format built around guided attention, grounding, breath awareness, silence, and a longer sound-based sequence using bowls, chimes, voice, resonance, and gentle ambient layers. It is designed for groups who need nervous system downshift, decompression, or a calmer quality of connection after periods of intensity, overwork, travel, or sustained cognitive demand.

The afternoon usually begins quietly. We ease participants out of task mode and into a softer pace through posture, breath, sensory awareness, and simple noticing practices that do not require prior meditation experience. From there, the group moves into a deeper sound journey where rest, resonance, and stillness are the main ingredients. Depending on the brief, the session may close with journaling, tea, or a very light facilitated conversation, though it can also end almost entirely in silence.

This format is often chosen when a leadership group has been carrying significant load, when a company wants a more elevated well-being anchor within a broader event, or when a team needs a restorative experience that still feels refined and intentional. We have delivered versions in meeting rooms softened for the occasion, offsite venues, private houses, retreat properties, and wellness spaces with natural calm.

Typical ingredients

- arrival in silence or near-silence
- breath and grounding practices
- guided attention and body awareness
- extended sound immersion
- soft transition back into the room
- optional journaling or tea moment

Benefits clients often seek

Clients usually come to this format for mental clarity, emotional regulation, decompression, steadier presence, and a more settled group atmosphere. It is particularly valued after intense project cycles, during senior offsites, at the close of demanding workshops, or inside wider well-being days where a stronger restorative anchor is needed.

Setting notes

A quiet room matters. Soft acoustics are ideal. Participants should be able to recline, lean back, or sit comfortably without feeling watched or rushed. Mats, blankets, and eye pillows can be arranged locally or brought in on request. We can adapt the experience for participants who prefer to remain seated throughout.

Usual delivery context

This offering is most often booked as a late-afternoon or half-day session. It can stand alone, or sit inside a larger day shaped around calm, attention, leadership reset, or team renewal.

Contact

For availability, venue fit, and curation conversation.

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Leadership Reset Programme

A guided programme for focus, steadiness, and sustainable leadership presence

Leadership Reset Programme is designed for leaders, senior managers, founders, and high-responsibility professionals who need space to restore clarity while strengthening the quality of how they lead. The programme centres on attention, discernment, internal steadiness, sustainable energy, and a more intentional leadership rhythm. It is not positioned as traditional management training. It is closer to a curated development arc for people carrying complexity and responsibility who want both depth and practicality.

We are often asked to shape this programme when a leadership group feels overextended, when decision-making has become reactive, when people are performing constantly without reflection, or when the tone of leadership has become too brittle, too rushed, or too fragmented. The work combines facilitated dialogue, guided practices, written reflection, and subtle behavioural experiments between sessions so that the impact is not confined to the room.

The programme can be commissioned for a small leadership cohort, a founder group, a senior functional team, or a hand-picked cross-functional circle. Some clients use it as part of a leadership development budget. Others place it inside a people, culture, or executive offsite context. It is especially resonant for organisations that want leaders to feel more focused and grounded without becoming generic or overly formulaic.

Themes often included

- clearer decision-making under pressure
- focus and prioritisation
- leadership presence without bravado
- reflective space for perspective and judgement
- steadier energy and better use of attention
- boundaries, pacing, and sustainable performance
- communication that feels calmer, cleaner, and more intentional

Typical structure

The programme usually unfolds across several touchpoints rather than in a single sitting. Depending on the brief, it may combine small-group sessions, individual reflection prompts, live facilitated conversations, light practices between meetings, and a final integration conversation. The structure is flexible. The thread running through it is consistent: stronger leadership through clarity, rhythm, awareness, and a more intelligent use of self.

Who it is for

This programme has been shaped for leaders who are thoughtful but stretched, capable but saturated, visible but inwardly carrying too much. It suits people who do not need louder motivation, but rather better conditions for attention, discernment, and sustained high-quality presence.

Delivery notes

The work can be delivered in person, in retreat settings, or in a hybrid sequence depending on geography and the intensity desired. We usually design the final shape after a short curation conversation.

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Immersive Renewal Programme

Multi-day format for deeper pause, reflection, and reconnection

Immersive Renewal Programme is one of our slower and more spacious formats. Although we describe it as a programme, it is often commissioned as a residential immersion. The experience unfolds over several days and is designed to create real distance from operational noise, habitual pace, and the constant pull of communication. It allows people to reconnect with body, attention, conversation, and perspective in a more durable way than a standard offsite usually permits.

We typically shape this format for leadership groups, founder circles, senior teams, or invited participants who need a more thoughtful container than a classic agenda-heavy retreat. Rather than filling every hour, we design a measured rhythm across mornings, afternoons, and evenings. There is guided structure, but also room for quiet, walks, reflection, and digestion. The atmosphere matters as much as the content.

Possible lengths

2-day immersion

A compact reset with meaningful arrival, depth, and integration.

3-day immersion

A fuller arc with more room for perspective, conversations, and softer transition.

4-day immersion

A deeper residential format where thought, restoration, and group quality can settle properly.

Elements that may be included

- mindful arrival and opening circle
- guided morning practice
- reflective walks and quiet writing
- facilitated dialogue in small and full-group formats

- sound-based evenings or restorative closing sessions
- creative exercises or symbolic group work
- shared meals with intentional pacing
- one-to-one check-ins in selected editions
- integration and closing circle before departure

Typical settings

We usually place this programme in countryside properties, coastal houses, small hotels, private estates, and calm venues where participants can step out of routine and remain on site for the full journey. The venue should feel contained, elegant, and conducive to slower attention.

What clients come for

This format is often chosen when a group needs recalibration, better conversation, stronger clarity, and a less performative form of gathering. It works particularly well for leadership transitions, periods of strategic fatigue, post-growth reflection, and moments when a team needs to reset how it thinks and relates before returning to pace.

Scope and quotation

Final scope depends on venue, catering style, travel, room configuration, facilitator mix, and the level of immersion desired. We quote each edition individually.

Enquiries

Email us

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Creative Vitality Day

Full-day creative and well-being format

Creative Vitality Day is a full-day journey combining creative process, reflective pauses, sensory detail, facilitated conversation, and light well-being practices. It can be placed comfortably inside a company offsite, a private gathering, a client-hosted day, a cultural house programme, or a smaller premium group setting. What matters most is the intention of the day and the quality of the environment.

The format opens gently, with an arrival sequence that helps participants land and let go of the speed they have arrived with. We then move into guided creative exploration before lunch, often through collage, image work, symbolic arrangement, light visual creation, or other tactile forms that do not require specialist skill. In the afternoon, the energy softens. Reflection deepens. Depending on the brief, we may include journaling, paired dialogue,

sound, movement, or a quieter making process that allows people to end the day feeling both nourished and reoriented.

Creative Vitality Day is often chosen when a group wants something elegant, human, and developmental without the atmosphere becoming too formal or too corporate. It also appeals to hosts who want a shared experience that feels substantial and curated, but still warm and spacious. Some editions lean more towards team connection. Others feel closer to a creative renewal day.

A day may include

- guided arrival and framing
- creative exploration before lunch
- materials and sensory setup
- journaling or reflective writing
- paired or small-group dialogue
- light movement or grounding moments
- sound or quiet rest phase
- shared table moment depending on venue
- optional artefact, keepsake, or visual documentation

Venue preferences

We love spaces with daylight, calm, and enough room to move between seated conversation and creative setup. Natural materials, visual quiet, and a sense of ease support the day beautifully.

Themes clients often request

Common themes include renewal, expression, transition, self-trust, group connection, perspective, creative confidence, and the desire to think and feel with a little more space around experience.

Commissioning note

We tailor the exact shape of the day to the host, the season, the venue, and the energy of the group.

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Additional Programme and Format Notes

How we usually curate across a wider brief

Not every client needs one isolated workshop. Quite often, we are asked to build a half-day, full day, or layered programme using several different moments across the same experience. A day may begin with grounding and attention, move into creative or conversational work, and then close with a more restorative or reflective element. In other cases, a client may want one strong flagship workshop supported by lighter transitions and a carefully held atmosphere around it.

We can curate in a way that feels clearly corporate, but we do not believe corporate has to mean dry. Many of our clients come to us because they want an experience that feels elevated, sensory, well-paced, and emotionally intelligent without becoming vague or overly soft. They want people to think better, relate better, and remember the day afterwards. In practice, that often means working at the intersection of development, culture, and well-being rather than keeping those categories separate.

Examples of how formats are combined

A leadership gathering might include a focused morning on attention and discernment, followed by a slower reflective lunch and an afternoon creative session that makes themes visible in a less verbal way. A client relationship day might open with conversation, move into a shared making or sensory element, and close with a moment of calm, music, or reflection. A people or culture team might commission a sequence of lighter sessions over several weeks so that the rhythm feels developmental rather than one-off.

Typical ingredients across our work

The ingredients change, but the DNA remains recognisable: thoughtful facilitation, clear tone-setting, considered pacing, strong atmosphere, and a sensitivity to what different groups can hold. We often work with breath, attention, journaling, image, sound, colour, movement, object, silence, dialogue, and ritual. Some groups want more expression and participation. Others want more calm, nuance, or space. We can shape accordingly.

Who usually books us

Our work is most often commissioned by leadership teams, people and culture teams, founders, hosts of private company gatherings, and those responsible for internal or external relationship-building moments. We are also occasionally invited into more open audience settings where the brief sits between professional development, cultural programming, and personal renewal.

Practical approach

We prefer to start with a short curation conversation rather than forcing every brief into a rigid menu. Once we understand the host, the group, the setting, the time available, and the desired tone, we shape a proposal that feels proportionate, clear, and genuinely suited to the moment.

Contact

For curation, availability, or a first conversation: ****email us***

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Session Themes

Focus, attention, and clarity

We offer sessions centred on focus, attention, and the recovery of mental clarity in overstimulating environments. These sessions are for groups or individuals who feel mentally saturated, cognitively scattered, or too far inside urgency to think well. We work with attention not as a productivity trick, but as a condition for better judgement, steadier presence, and more intelligent work. In some contexts this is especially relevant for leaders and professionals carrying complexity. In others, it is simply about helping people return to a calmer and more deliberate relationship with their own mind.

Confidence, self-assurance, and self-connection

We also offer sessions on confidence, self-assurance, and self-connection. Here, confidence is not treated as performance, dominance, or a louder personality. We are interested in a more grounded quality of self-trust: expression that feels aligned, visibility that does not cost too much internally, and a steadier connection between voice, body, thought, and action. These sessions can support people navigating leadership, transition, exposure, communication pressure, or a desire to feel more solid in how they show up.

Strategic thinking, mindset, perception, and perspective

Another area of our work explores strategic thinking, mindset, perception, and perspective. These sessions help participants step back from speed, widen their lens, and make more space for pattern recognition, reflection, and considered judgement. They are often resonant for leaders, founders, creative directors, and decision-makers, but the underlying need is broadly human: to see more clearly, think less reactively, and recover the ability to respond with depth rather than reflex.

Performance and sustained performance

We also work around performance and sustained performance, especially where people want to perform well without living in constant depletion. We look at rhythm, energy, recovery, attention, and emotional steadiness as part of performance rather than separate from it. This theme is often relevant for demanding professional environments, but it is just as meaningful for anyone trying to replace short bursts of output with something more intelligent, more durable, and less costly over time.