

# Meet

## Awa Bernard

*Shift Architect · Senior Facilitator · Aromacologist*

NeuroChange Practitioner and Executive Coach. I define myself as a Shift Architect with over 18 years accompanying leaders and teams to explore their leadership, shift it, and embody it.

Ex- Senior Consultant in a Big 4 firm, I helped diverse clients gain clarity and move forward.

Today, as Global Head of Talent in a US industrial group, I founded LeaderShift Explorer in parallel to serve more teams challenged by intercultural collaboration — blending neuroscience, emotional intelligence, aromachology, and embodiment.



*“Inner regulation precedes outer results.”*

# AWA BERNARD

*Founder, LeaderShift Explorer · Luxembourg & Brussels*

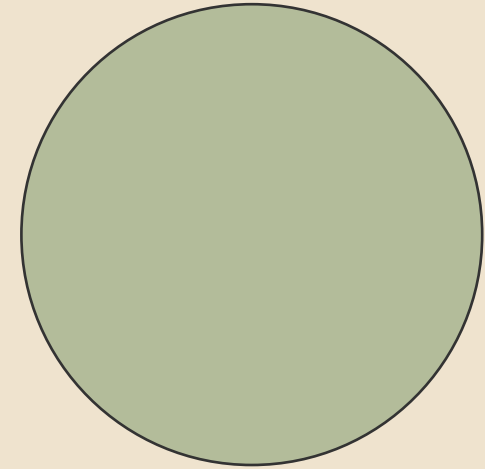
awababernard@gmail.com · +32 491 74 94 80

EXPLORE · SHIFT · EMBODY

LEADERSHIFT  
EXPLORER

*Explore · Shift · Embody*

# Decide with Clarity



*Clarity, Courage, Decisive Action*

A 15-minute experience for leaders carrying a decision they have been avoiding. Through scent and body awareness, participants bypass the overthinking mind, access the clarity they already carry, and leave with the felt anchor needed to take courageous, decisive action — in the moment that counts.



CLARITY

COURAGE

DECISIVE ACTION



**AWA**

*Shift Architect*

SESSION

**15 MIN**

*8 to 12 participants*

PRICE

**€100**

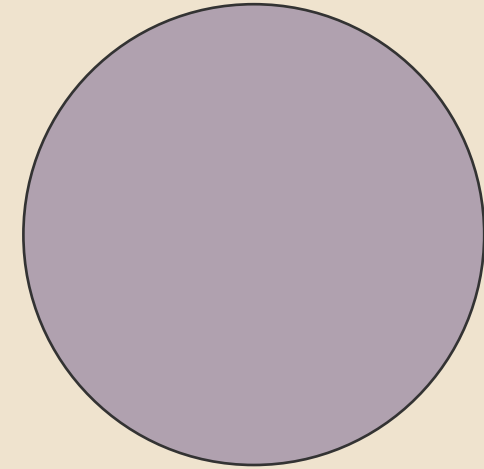
*per participant, net*

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IN A MULTICULTURAL CONTEXT

# Hearing Every Voice



*Tempo awareness, Inclusive dialogue, Cross-cultural fluency*

A 45-minute embodied workshop on cross-cultural collaboration — where differences in thinking tempo and action tempo shape who gets heard. Participants physically place themselves by processing speed, receive live diagnosis of real intercultural frictions across Europe, the US, and Asia, and leave with one concrete practice to make every voice count in their next meeting.



CROSS-CULTURAL



EVERY VOICE HEARD



INCLUSIVE TEAMS



**AWA**

*Shift Architect*

SESSION

**45 MIN**

*8 to 10 participants*

PRICE

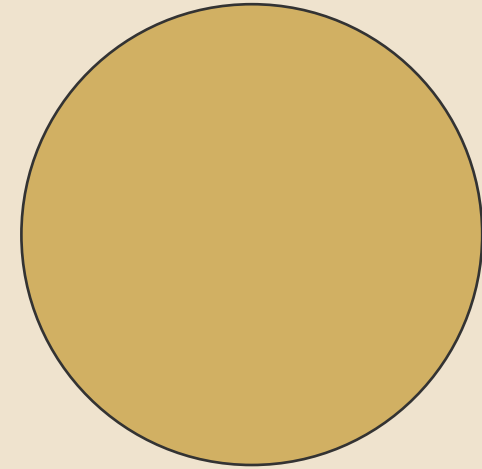
**€230**

*per participant, net*

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# Let Your Presence Speak for Yourself



*Executive Presence, Charisma, Embodied Authority*

A 90-minute aromachology experience for executives and senior leaders who want their presence to speak for them. Through guided self-inquiry and blending, participants identify the qualities they want to embody — authority, warmth, decisiveness, calm — and craft a personalised scent that becomes their signature presence: a sensory anchor carried into every high-stakes moment.



EXECUTIVE PRESENCE

CHARISMA

SIGNATURE



**AWA**

*Shift Architect*

SESSION

**90 MIN**

*8 to 12 participants*

PRICE

**€420**

*per participant, net*

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EXPLORER

*Explore · Shift · Embody*