

# Lara Eidi — Culture Vitale Collaboration Profile

Lara Eidi is an award-winning vocalist, songwriter, pianist, and music educator known for her captivating performances and boundary-defying artistry. With a decade of experience leading workshops and concerts across Europe and the Middle East, Lara combines creativity, storytelling, and well-being to craft immersive experiences for audiences of all kinds. She is passionate about using music as a tool for empowerment, connection, and cultural exchange.

## Key Skills

- **Creative Arts Facilitation & Storytelling:** Designs immersive, cross-genre sessions inspiring creativity and connection.
- **Music for Well-Being & Team Development:** Founder of Phonica Music Coaching, specializing in voice, songwriting, and wellness-based workshops.
- **Performance Excellence & Global Perspective:** International performer with appearances at Royal Albert Hall, Union Chapel, London Jazz Festival, and more.
- **Educational Leadership & Mentorship:** Guest lecturer at Leeds Conservatoire; creator of The Notes Between Songwriting Mentorship program.
- **Cross-Disciplinary Creativity & Cultural Connection:** Composer for award-winning films and cross-arts projects; trilingual artist with a multicultural heritage.

## Sample Session Offerings

- **“The Healing Power of Song”:** Guided vocal expression and group singing for connection and empowerment.
- **“Stories in Song”:** Collaborative songwriting and storytelling session blending live performance with participant input.
- **“Sound and Stillness”:** Music-infused mindfulness experience for stress relief and focus.
- **“Mini-Concerts”:** Intimate live performances to inspire and energize teams.

## Contact

Website: [www.laraeidimusic.com](http://www.laraeidimusic.com)

Email: [musiclaraeidi@gmail.com](mailto:musiclaraeidi@gmail.com)

Based in London & Athens