

Some speaking engagements, presentations, and workshops I've led or participated in:



YOGA & COACHING:

- [Four Steps to Start Living Your Truth](#), Healing Garden Festival, the Netherlands, 2023
- Four Steps to Transform Your Life, [Sun & Co](#), Javea, Spain, 2023
- [Living Life in Connection and Truth](#) | Workshop at L'espai Comboi Javea, Spain, 2023
- [Breath is Life. Workshop](#) at *Virtual* by Mindspace, 2020
- Pranayama and our life. [Obonjan](#) Island, 2019
- Partner Yoga Workshop, [Dreamsea Mediterranean](#), 2019

ART TALKS:

- Byzantine tradition in the art of Kandinsky, Centre d'Art d'Escaldes-Engordany, Andorra, March 2025. <https://www.instagram.com/p/DGBzLzZtJCo/>
- A talk I gave about the Amsterdam-based artist duo DAY Collective's project Tete-a-Tete at the space of Herengracht 401 in Amsterdam, NL, in October 2021. [Tête-à-Tête Triptych. Exhibition by DAY Collective](#)
- Participation in the group exhibition 'Others' at Ogms, invited by The Fridge contemporary art space, which took place at City Art Gallery, Sofia, Bulgaria (2018) <https://www.facebook.com/OgmsDrawer/>

CREATIVE RETREATS:

- [Conscious Creative Retreat](#) on Costa Blanca, 2022
- [Mini Art and Yoga Retreat](#), Costa Blanca, 2022