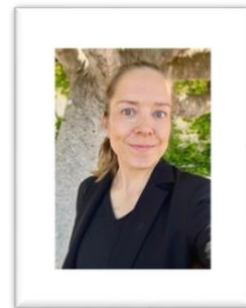


# NOORA LAAKSONEN

+358400318122 / nordelli9@hotmail.com



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## SKILLS

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Communication, Coordination, Teamwork, Customer service, Yoga, Pilates, Strength training

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## RECENT AND RELEVANT WORK EXPERIENCE

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### **Fitness Instructor | Mangia's | 05/2025–10/2025**

I work the summer season as Fitness, Yoga and Pilates Instructor in a holiday resort in Sicily, Italy. I design the fitness program and various fitness and yoga classes. The work also includes PR with the guest.

### **Bluefit Instructor | Mangia's | 05/2024–10/2024**

I worked the summer season in a holiday resort in Sardinia as a Fitness Instructor offering different kinds of fitness and yoga classes, and I also hosted games and evening activities.

### **Communication Specialist | WWF Finland | 05/2020–04/2024**

During these four years I did communication and marketing for the environmental education team, and I worked as a Communication Lead in one international EU funded project called Eat4Change.

### **Earth Hour Coordinator | WWF Finland | 10/2017–05/2020**

Three winters I coordinated the climate event Earth Hour in Finland. The work taught me a lot about campaigning, working with influencers and stakeholders and producing content for different channels.

### **GX Instructor | Sats Elixia | 07/2018–04/2024 & 10/2024–05/2025**

### **GX Instructor and receptionist | Motivus fitness center | 01/2017–06/2018**

### **Course Leader | EF Education First | summers 2015, -18, -19**

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## EDUCATION

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Bachelor of Science • 06/2025 • University of Helsinki

Major in Environmental and Food Economics

Master of Social Sciences • 06/2015 • University of Tampere

Major in Journalism and Communication

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## OTHER STUDIES AND LANGUAGE SKILLS

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• Somatic Pilates Instructor 2025 • Hatha Yoga Teacher (50h) 2024 • Aerial Yoga Teacher (50h) 2023 • Yoga Teacher (Vinyasa yoga RYT200 + Yin yoga 50h) 2021 • Personal Trainer (APT) 2020 • Social Circus Instructor 2010 • Special studies in dance pedagogy (one year) 2009 • Studies of Theatre arts 2007–2008 • Circus Artist 2006

• Finnish – native • English – C1 • Spanish – B2 • Italian – B2 • Swedish – A2/B1 • French – A1/A2