

## Our Services:

- **Interactive community sessions**
- **Corporate team building**
- **Employee engagement programs**
- **Student engagement programs**
- **Wellness seminars**
- **Fitness and nutrition sessions**
- **Transformational coaching sessions (1x1 or group)**
- **Yoga sessions (1x1 or group)**



## About Us:

Connected collective is a movement that came to life out of a dire global need for deeper, genuine and more authentic human connection. All human beings desire to be seen, heard and understood beyond surface layer as we navigate through a high-tech high-paced life filled with artificial stimulus.

The project brings together strangers, friends and individuals through specially curated events that will prompt them to dive a little deeper into themselves and those around them. We use games, ice-breakers, interactive questions and unstructured time to allow the participants to familiarize themselves with conscious interactions moving beyond small talk and beyond the discomfort of vulnerability to truly connect with others.

At Connective Collective, we aspire to be the gateway for deeper and long-lasting connections and experiences in Dubai and beyond. We yearn to fill in the missing gaps in people's lives and hopefully make genuine connection a modus operandi, a way of life.

Be it colleagues, peers, students, friends or even strangers; Connected collective has an experience for just about everyone to connect authentically and to create and strengthen bonds.



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## How the project came to life:

Connected collective was birthed through a conversation by three friends who come from varying walks of life yet are all searching for one common denominator, connection.

We understand how challenging it can be to forge connections in a fast paced high stimulus city and even how more challenging it is to build authentic, meaningful and deep connections in our day and age, which is how our initiative came to life.

With backgrounds in personal development, transformational coaching, spirituality and yoga and health and wellness, we are Nour, Sophia and Marina and we aspire to help individuals, organizations and communities flourish through human connection.



## About the creators:



### Nour Montasser

- Co-creator Connected Collective
- Certified Sound Healer
- Transformational Life Coach
- Paid Media Consultant



### Sophia Lara Abdullah

- Co-creator Connected Collective
- Certified Spiritual Life Coach
- Certified Yin Yoga and Kriya Yoga Practitioner
- Communications and PR Professional



### Marina Pavlenko

- Co-creator Connected Collective
- Certified Personal Trainer
- Movement and Mobility Specialist

## Benefits of working with us:

- Encourage employees, students and communities to bring authenticity into the spaces they operate in and into their daily lives.
- Allow colleagues, students and communities to connect beyond the content of day-to-day and strengthen bonds and connections through common interests, value and goals.
- Break the fast-paced and demanding environments promoting human connection.
- Allow the building of confidence, autonomy and courage in work, student or community settings.
- Foster a sense of community by enhancing team spirit, creative thinking and problem solving.

### Contact us:

 [hello@connectedcollectivedxb.com](mailto:hello@connectedcollectivedxb.com)

 [@connectedcollectivedxb](https://www.instagram.com/connectedcollectivedxb)

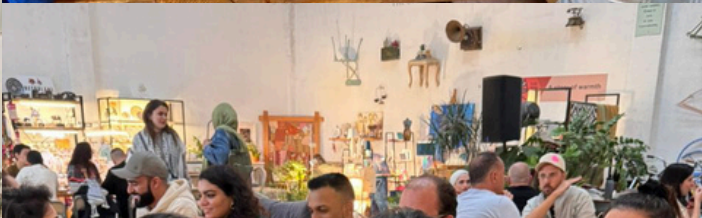
 +971 50 152 7004

 [www.connectedcollectivedxb.com](http://www.connectedcollectivedxb.com)

*"Human connection is the most vital aspect of our existence. Without the sweet touch of another being, we are lonely stars, in an empty space, waiting to shine gloriously."*

Joe Straygne





  
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