GO MAMA

Your maternity leave policy has a return date.

Does it have a support plan?

Give returning mothers the confidence, practical tools and ongoing support to navigate their return — without asking HR to build another program from scratch.

- **RETAIN EXPERIENCED TALENT**
- **REDUCE REPLACEMENT AND RECRUITMENT COSTS**
- **STRONGER EMPLOYEE WELLBEING AND ENGAGEMENT**
- **A MORE INCLUSIVE WORKPLACE FOR ALL PARENTS**

Better support. Stronger returns.

BETTER-SUPPORTED RETURNS. STRONGER RETENTION. LESS WORK FOR HR.

Return Ready combines coaching, practical tools and ongoing support for a confident return to work — without the extra HR workload.

DISCOVER THE VALUE OF RETURN READY

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For your **people**
For your **organisation**
For your **HR team**

SCAN TO EXPLORE RETURN READY

Discover the program, what's included and how it could work for your organisation.

GO MAMA

You've planned her leave. Now support her return.



RETURN READY

Maternity return & retention support for forward-thinking employers.

CONFIDENCE
WELLBEING
RETENTION
REAL SUPPORT

THE RETURN READY PROGRAM

From maternity leave to work-ready confidence.

A structured program that makes it easy for HR to offer meaningful, consistent support.

01 **RETURN READY RESET**
Four weeks of guided group coaching before return. Practical tools, expert guidance and a personalised plan.

02 **PRIVATE COACHING**
Two 1:1 sessions for individual challenges, career goals and workplace conversations.

03 **GO MAMA VILLAGE MEMBERSHIP**
12 months of ongoing support online. Community, resource library and monthly expert-led sessions.

04 **$500 SPECIALIST SERVICES CREDIT**
A credit to access GO MAMA's specialist services to support her unique needs.

A clear offer for HR.
Personalised support for her.

WHY IT MATTERS

The benefits for employers.

With the median age of mothers giving birth in Australia now 32.1 years, many women are navigating maternity leave after years of developing valuable skills and experience.

PROTECT EXPERIENCE
Help your people stay in the careers they've already built.

MAKE WELLBEING TANGIBLE
Give practical support for the real demands of returning to work.

SIMPLIFY THE OFFER
We manage delivery, communication and support — so it's easy for your team and accessible for your people.

A more confident return builds a stronger, more inclusive workplace.

GO MAMA VILLAGE

$500 credit. Support she chooses.

Eligible specialist services to meet her stage and needs.

- **Sleep Consultation**
- **Feeding & Lactation Support**
- **Corporate Styling**
- **Women's Health & Wellbeing Support**
- **Neuroscience & Performance Coaching**
- **Practical Support & AI Readiness**
- **IVF & Fertility Inclusive Support**

The $500 Return-to-Work Credit is included in the Return Ready program and is subject to availability and applicable terms.