Dr Rebeca García Pinillos

RGP Resonance · One Welfare CIC · Reading, UK

Professional biography

Dr Rebeca García Pinillos is a sound relaxation therapist, veterinarian, educator and classically trained musician, and founder of RGP Resonance and One Welfare CIC in Reading, United Kingdom. She holds a Professional Diploma in Sound Therapy from the British Academy of Sound Therapy (BAST), as well as a music teacher qualification.

Rebeca brings more than 20 years of international speaking, teaching and training experience in animal welfare, ethics and wellbeing. She is an author and editor of two CABI-published One Welfare books, including the 2023 title co-edited with Stella Maris Huertas Canén. She developed the One Welfare Framework to explore the connected wellbeing of people, animals and the environment. Her work brings an evidence-informed approach to practical reflection, learning and immersive experiences with sound.

Professional credentials and delivery profile

Sound therapy	BAST Professional Diploma in Sound Therapy (sound relaxation practice).
Additional expertise	Veterinarian and scientist; qualified music teacher and classically trained guitarist; international educator and speaker.
One Welfare	Founder of One Welfare CIC; developer of the One Welfare Framework; author/editor of two CABI-published One Welfare books.
Insurance	Third-party liability insurance held for therapy work. Certificate and policy details available upon request.
Languages	English and Spanish.
Base and travel	Reading, Berkshire, United Kingdom. UK and wider travel by individual arrangement; travel outside Reading charged separately.
Delivery	Sound baths: in person only. Talks, lectures, keynotes, panels and workshops: in person; talks can also be virtual.
Availability	Flexible, assessed case by case. No dates reserved without explicit agreement.

Approach

Sessions prioritise clear expectations, participant comfort, informed choices and realistic descriptions of relaxation. Sound experiences are intended for wellbeing and reflection rather than diagnosis, treatment or guaranteed medical outcomes. Professional talks are adapted to the audience, with no unsupported health claims.

Books published by CABI

2018: One Welfare: A Framework to Improve Animal Welfare and Human Well-being. Editor: Rebeca García Pinillos; ISBN 9781786393852.

2023: One Welfare: Animal Health and Welfare, Food Security and Sustainability. Co-editors: Rebeca García Pinillos and Stella Maris Huertas Canén; ISBN 9781789249347.

Websites: www.rgpresonance.com | www.onewelfareworld.org