

Sara Scekic Cristini  
48 yo



Senior F&B  
Operator

Health & Life Coach  
Leadership & Performance  
Management

lead over 20  
restaurants  
opening in the  
UK & ME

2 cats, 2 dogs,  
3 stepdaughters,  
1 amazing husband

Certified  
Integrative  
Nutrition  
Health Coach

Boxing  
Fitness  
Yoga  
Mobility  
Trainer

cook pasta &  
bake bread  
every week



Integrative Nutrition Health Coach  
Leadership & Performance Management  
Combat sports, Fitness, Yoga & Mobility  
Training & People Development Programs  
Hospitality Expert  
Customer Service Excellence

