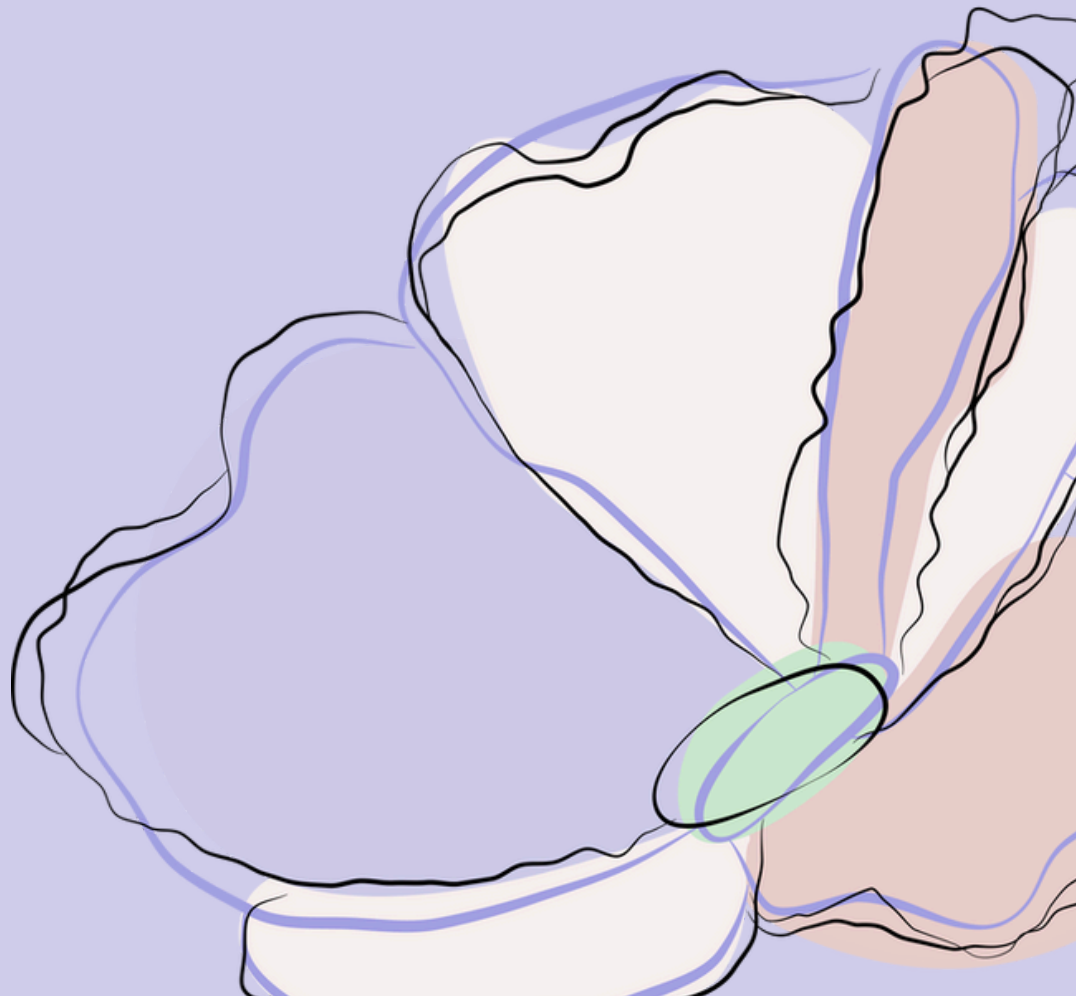


• **B L O M M A** •

BEAUTY

**WELLBEING
WORKSHOPS**



WE ARE BLOMMA BEAUTY

We help you to explore holistic wellbeing through natural ingredients, hands-on workshops, and mindful skincare rituals to help you slow down and reconnect.

We're experts in natural skincare and wellbeing and proudly run our small, independent, award-winning business, putting care and passion into all that we do because we love making each experience unique.



ABOUT OUR CLASSES

WE'RE THE PERFECT MATCH FOR YOU:

- Team building, office perks and celebrations
- Retreats and away days
- Markets, fairs, festivals and community events
- Hen party, baby shower, Birthday or special occasion
- Hotel or member club experiences

CHOOSE FROM:

A make-your-own experience where you'll learn about aromatherapy and basic skincare formulation, crafting your own product to take home with you

or

A social self-care ritual that encourages you to slow down and check in with yourself and your skin. You'll master new skin and self care techniques to continue your at-home practice with

AND SHARE THE LOVE:

For every 3 places booked, we gift 1 workshop place to local residents working in the care, health and charity sectors.

If you have a charity you would like us to support, please let us know!

AT A GLANCE

CLICK ON A CLASS TO LEARN MORE

CLASS	COST*	GUESTS	TYPE
<u>Aroma Roller</u>	£35	8 - 250	Make Your Own
<u>Body Scrub</u>	£35	8 - 250	Make Your Own
<u>Face Mask</u>	£25	8 - 250	Make Your Own**
<u>Bath Soak</u>	£35	8 - 250	Make Your Own
<u>Face Oil</u>	£38	8 - 250	Make Your Own
<u>Lip Balm + Scrub</u>	£38	8 - 10	Make Your Own
<u>Gua Sha</u>	£40	8 - 30	Ritual
<u>Pamper Party</u>	£25	8 - 20	Ritual
<u>Face Massage</u>	£25	8 - 30	Ritual

*Bespoke pricing available, contact us for a quote

** Can be a Make Your Own + Ritual session for an additional £10 pp

**MAKE
YOUR
OWN**



AROMA ROLLER

Discover the aroma-therapeutic benefits of essential oils by creating a unique aromatherapy blend for your aroma-rollerball.

Learn how and when to use your roller to enhance wellbeing.

- From 8 - 250 guests
- Freeflow or classroom session
- Includes all equipment, raw ingredients and printed and decorating materials

£ 3 5 P P



BODY SCRUB

Learn about the benefits of using natural scrubs to exfoliate and brighten as you craft your own bespoke body scrub using naturally exfoliating extracts, cold-pressed and essential oils.

Decorate and take home to enjoy super soft skin.

- From 8 - 250 guests
- Freeflow or classroom session
- Includes all equipment, raw ingredients and printed and decorating materials

£ 3 5 P P





CLAY MASK

Discover the benefits of using natural pure clays and active botanical boosters by blending and shaking up your own powder mask. We'll share our favourite ingredients to combine with your mask to get the most out of it for your skin when you take it home

(Optional) Make the class into a ritual by blending and applying them together on the skin in the session.

FROM £25

- From 8 - 250 guests
- Freeflow or classroom session
- Includes all equipment, raw ingredients, printed and decorating materials, face cloths and hair clips
- Max 25 guests if opting to apply the mask in class

BATH SOAK

Concoct a relaxing bath or soothing foot soak by blending a selection of mineral-rich salts, oils and dried florals together with your own aromatherapy blend to take home and enjoy again and again

- From 8 - 250 people
- Freeflow or classroom session
- Includes all equipment, raw ingredients and printed and decorating materials

£ 3 5 P P



FACE OIL

Formulate your own crystal-infused facial oil and tap into the skin, soul and energetic benefits of crystals and essential oils.

Choose from a selection of hydrating base oils and blend with therapeutic essential oils and a selection of semi-precious stones to take care of your individual skin and self-care needs

£ 3 8 P P

- From 8 - 250 people
- Freeflow or classroom session
- Includes all equipment, raw ingredients and printed and decorating materials
- Body oil class also available





L I P B A L M & S C R U B

Using raw ingredients and recipes from DIY-beauty experts, Acala, you'll melt natural butters, oils and waxes blending them with heavenly scented organic essential oils to add scent and flavour to your own lip balms and scrubs.

£ 3 8 P P

- From 8 - 10 people
- Classroom session
- Includes all equipment, raw ingredients and printed and decorating materials
- Requires electric socket access

RITUALS





G U A S H A

Gua sha facial massage is rooted in Traditional Chinese Medicine. After a cleansing ritual, you'll be guided through a full face massage routine that will leave your skin toned, sculpted, smoothed and radiant. Enabling you to use your new skill at home within your self-care practice.

- From 8 - 30 people
- Classroom session
- Includes a gua sha to take home
- Warm facial mitts & hair clips provided
- Requires electric socket access
- Can be hosted as an online class

FROM £40 PP

PAMPER PARTY

Indulge in some social self-care to slow down and reconnect with yourself as we guide you through a natural skincare ritual that includes showing you how to cleanse, mask, massage and hydrate your skin. Leaving you glowing inside and out!

- From 8 - 20 people
- Classroom session
- All equipment & products provided
- Requires electrical socket access
- Add on a jade roller, or skincare product as an extra treat
- Can be combined with reiki

FROM £25 PP





FACE MASSAGE

Master the art of manual facial massage. After a slow-down cleansing ritual, using a little oil, you'll be shown and can follow along with a selection of facial massage techniques that helps you get to know your skin and muscles so you can ease tension, smooth lines and keep puffiness at bay.

FROM £25 PP

- From 8 - 30 people
- Classroom session
- All equipment & products provided
- Add on a jade roller, or skincare product as an extra treat
- Can be combined with reiki

MEET YOUR HOSTS

We're Karen and Lolly, the team behind Blomma Beauty. I (Karen) founded Blomma in 2018 to share my love of natural skincare with others. After a career in jewellery and beauty buying, I retrained as a holistic facialist, gua sha practitioner and skincare formulator.

Lolly joined the family in 2022, bringing her vibrant energy and expertise as an aromatherapist, masseuse and make-up artist.



Together we combine our knowledge, creativity and passion to create memorable, hands-on experiences to help people relax, connect and leave with something beautiful, whether it's a handmade creation, a new skill or a moment of calm and renewal.

We love meeting new people, sharing what we know, and creating spaces where everyone can experience a sense of ease and restoration.

HAPPY CLIENTS

Blomma Beauty was a fantastic partner for our event. Karen, the owner and a true guasha expert, was a pleasure to work with, great communication, precise, and open to collaboration.

Our clients thoroughly enjoyed her teachings, and it was wonderful to see them engaged, asking questions, and becoming genuinely curious about the art of guasha. Highly recommend!

ARIANNA - LA PRAIRIE, HARRODS

Karen & Lolly pulled together some amazing bespoke sessions as part of our wellness week at Warner Music. Face masks, body scrubs as well as some relaxing hand massages. Thanks Blomma!

LIANNE - WARNER MUSIC

Huge thanks to Karen & Lolly. Lolly ran an aromatherapy workshop at our London charity for the staff and volunteers. It was fun, educational and all of us really enjoyed the experience and I was later asked by the staff if we could have Blomma Beauty back again!

We had a diverse group of participants on the day and Lolly made sure that everyone was included and supported, her approach put us all at ease and you can tell that she is passionate about what she does - which makes you love it too :) Thanks Lolly!!!

ZANDALEE - WOMEN AT THE WELL

READY TO BOOK?

[BOOK A CALL](#)

[EMAIL US](#)



blommabeauty.com
info@blommabeauty.com
07385 699550

GOOD TO KNOW

CAN YOU HOST MULTIPLE SESSIONS?

Yes, we can! We can also combine classes to create half or full day experiences

HOW LONG DO YOU NEED BEFORE AND AFTER THE EVENT?

We usually take 1 hour pre and post your workshop to set up and ensure everything is left spick and span. For groups of 30+ we may need extra time but will advise during the booking process.

WHAT FACILITIES DO YOU NEED ACCESS TO?

We'll confirm during booking the ideal room/table set up. We also need access to bathrooms, running water and electricity.

TRAVEL/PARKING

If your event is 10 people or less, we usually try to come via public transport. For larger workshops, parking and travel charges may apply depending on availability of parking at your venue and distance from our HQ. This will always be agreed upfront.