

REIMAGINING LEADERSHIP



TRAUMA-CONSCIOUS LEADERSHIP

For leaders, managers, & decision-makers who want to understand their own adverse experiences in order to move toward conscious leadership and develop skills, to foster care, safety, team conflict handling and cohesion in their teams and organisations.



TRAUMA CONSCIOUS FRAMEWORK FOR
LEADERSHIP AND NEGOTIATION

REIMAGINING LEADERSHIP

3 Sessions | 2.5 hours each | Introduction Course

Session 1: Understanding Trauma in Leadership

The impact of stress and trauma on decision-making and teams.

Principles of trauma-conscious leadership: safety, trust, agency.

Session 2: Tools for Conflict & Repair

Trauma-aware communication and listening.

Practicing repair dialogues and accountability frameworks.

Session 3: Building Cultures of Care & Cohesion

Practical strategies for embedding psychological safety.

Creating inclusive, resilient team environments.

Outcome: Leaders gain concrete tools to manage conflict, prevent re-harm, and cultivate cultures of care, cohesion, and trust.



TRAUMA CONSCIOUS FRAMEWORK FOR
LEADERSHIP AND NEGOTIATION

REIMAGINING LEADERSHIP

Trauma conscious leadership

Restorative Organisational Governance

Negotiation & Facilitation

Repair & Recovery - from bullying, stress & harm

Transformative diplomacy

3 Day Retreats



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